

Medical Consent/Release

I, _____,
(Parent/Guardian)
as the parent(s) / guardian(s) of

(Youth)
a minor, grant permission and consent to the **Backpacking Adventure** of the New Mexico Annual Conference of the United Methodist Church (Backpacking Adventure) to arrange for such medical, surgical, or hospital care for my minor child as may be necessary incident to illness or injury occurring or notice of which arises while he or she is in the custody of the Backpacking Adventure.

I further hereby give permission to such physician or surgeon as the Backpacking Adventure may obtain to carry out such medical or hospital procedures on my minor child as in the opinion of such physician or surgeon may indicate under the then existing circumstances.

I realize this trip is being provided for my minor child's enjoyment for a fee that is meant to only cover cost, that is not a profit making activity, that the officers and counselors are volunteers, that there is some risk in driving on the trip, backpacking, and camping. We release the New Mexico Annual Conference of the United Methodist Church, Inc., the Camps Board, Backpacking Adventure, and their officers and counselors from any liability on the trip. Additionally, I grant permission to use photos of the above named camper for publicity purposes, in advertising materials, or on the camp's web site.

Parent's/Guardian's Printed Name

Signature

Date



Common Questions

How old do I need to be so as to go?

13 to 18 years old.

How much experience must I have?

None. Everyone has to start somewhere. So start with us!

What equipment do I need?

The only big ticket items are a backpack & sleeping bag. We'll send you a complete detailed list.

Is this only for all-star jocks?

No!!! It's for everyone! Most of the campers are not school athletes, but everyone does need to be in reasonably good shape and should start an exercise program to get in better shape.

Mom wants to know if a doctor goes with you?

Good question! For the past 25 years we've been blessed with licensed Paramedics and/or EMTs. If you know a doctor somewhere who'd like to join us too, let us know!

Will the water be safe to drink?

No, but we provide you with iodine tablets to kill bacteria and careful instructions on how to add them to the water before drinking.

How many miles will we be hiking each day?

It varies greatly. The distance is really secondary to the elevation we climb or descend. If it's a steep climb all day, we may only cover a couple miles. If it's a gentle downward slope, we may travel ten or more.

Can I bring a friend who doesn't go to church?

Absolutely! This would be a great witness to your friend(s) that being a Christian is fun! Just make sure they understand that this is a Christian activity.

What are the most important things I should do to get ready?

1. Get in shape.
2. Bring all *required items* on the equipment list
3. Bring as few *optional items* as possible.
4. Come with a *servant's heart*, ready to help others every chance you can.

Where are we going? You haven't said.

You're right. We usually stay in New Mexico. For safety, we can never finalize our trail choice until the late winter snow season is over and stream runoff (or in dry years, fire danger) is determined—usually April.

Youth Backpacking Adventure

July 26-31
2009



A ministry of the New Mexico Conference
of the United Methodist Church



Why a Backpacking Camp?

A backpacking experience offers you the opportunity to do and experience things you may have never done before. Millions of people look at magazine photos and watch TV or movies showing the spectacular places on our planet. Few, however, will ever see them with their own eyes, much less live within them for a week so as to experience the wonder of it with all their senses. But you can! You don't have to be an experienced backpacker or an Olympic athlete to join us. Most of us are just average people who want to get away from our usual routines and experience God's spectacular backcountry.

Previous backpacking experience is also **not** a requirement. If this is your first wilderness experience, fantastic! We have plenty of pre-trip materials to aid you in your preparations as well as people you can call when you have questions. If you're a veteran of many excursions, that's great too! We can use your leadership gifts.



One distinctive of our ministry is that we are unashamedly Christian. We care and love one another because God has first loved

us! We've come to recognize that our wilderness journey can often be a reflection of our own personal journey back home—having both beautiful and difficult moments. Our hope is that when all of us leave the wilderness, we'll have seen more clearly how and where God's love and grace will help us succeed in our daily lives.

Besides the obvious hiking and sweating, we also have loads of fun! We always reserve one day for our traditional "Capture the Flag" game. Veterans will tell you this game has become serious business. We do many other enjoyable activities as well, but none are more popular than each evening's campfire where we close each day with our evening devotional, share our day's adventures, tell our best (and worst) jokes, do stupid skits, roast marshmallows, sing songs, and engage in a healthy amount of general horseplay.



Need more information?

Detailed itinerary, itemized equipment list, and simple strategies on how to put this all together will be immediately sent to all who register, or to anyone who requests them. If you simply want to talk so as to gain a better understanding of our ministry, please don't hesitate to call.

Complete the Registration, Medical Release (reverse side), enclose your payment, and mail.

Registration Form

Enclosed is a check to **Sacramento Methodist Assembly** for \$180 (\$25 is a non-refundable insurance fee)

Name _____

Gender _____ Age _____ DOB _____

Address _____

City _____ State _____ Zip _____

Home Phone (_____) _____

Parent Work (_____) _____

Parent Cell (_____) _____

Primary E-mail _____

Secondary E-mail _____

Have you ever been backpacking before? Yes No

How would you judge your physical endurance?

High Moderate Low Deplorable

T-Shirt Size Sm Med Lg XL

Who will drop you off and pick you up?

Are you allergic to any medications, insects, foods, or plants?

List all health problems:

What regular medications will you be taking & why?

Physician _____

Physician's Phone _____

Medical Insurance Co. _____

Policy No. _____

Group No. _____

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